
February 2018



Meet the Player: DeVonna Douglas (#45)

DeVonna Douglas has been a part of our team for three and a half years. When she joined the team, she sought to maintain her physical health: “After becoming disabled, I was looking for ways to be involved in the community and to stay active through exercising.” Ever since she has joined team, she has not only found an avenue to keep her physical health, but she has also embraced the exciting aspects of wheelchair basketball. When asked about what facets of the game she enjoyed, DeVonna stated that she valued “competition.” She particularly enjoys the challenges the opposing teams bring: “It’s going head to head [with the opponents], believing you are in a race to get from one end of the court before the opposing team can get there or stopping them before [they get there]... It’s a blast!” All these components of wheelchair basketball keep DeVonna working on her skills, and she has proven to her teammates that she is dedicated to her craft. She is the first player to come to the gym, and she is usually one of the last players to leave. She practices so thoroughly because she believes that she needs to improve her skills concerning every factor of the game: “I feel I need to be more consistent with shooting, knowing where my best range is to hit the basket, communication on the court with teammates, and remembering the playbook.” All the aspects of wheelchair basketball DeVonna enjoys – the thrill of competition and the unending desire to get better at the game – harken back to her love of exercise. She always strives for living a physically healthy lifestyle. Her hard work has paid off each year because she has improved her skills. We are proud of all she has done so far, and we look forward to her future progression as a member of the team.

The Triangle Thunder is a competitive and recreational wheelchair basketball team representing the Greater Triangle Area Community. We provide opportunities for men and women with a variety of disabilities to become involved in the sport of wheelchair basketball. Our goal is to foster each participant’s well-being through vigorous physical exercise, skill formation, and healthy fellowship with other persons with disabilities.

Upcoming Events

Triangle Thunder vs. Port City Spokesmen, February 3rd, 1:00 & 2:15pm (home game).

Triangle Thunder vs. Fayetteville Flyers, February 17th. 1:00-4:00pm (away game).

Triangle Thunder vs. Port City Spokesmen, February 24th, 1:00-4:00pm (away game).

Home games are played at Barwell Community Center. The address is 3935 Barwell Rd, Raleigh, NC 27610.

Important Announcements

During the month of January, we went 1-1, improving our overall record to 11-5. (Our games with the Richmond Rimriders were canceled due to Richmond’s players succumbing to the flu.) We split two games with the Harrisonburg Cardinals, losing the first game (51-47) and winning the second game (46-43).

Additionally, we have created a GoFundMe page to assist us in going to Nationals. Click on the link below to donate:

<https://www.gofundme.com/help-get-us-to-national-tournament>.

Important Websites:

<http://trianglethunder.org>

<https://www.facebook.com/trianglethunder/>

Thank you to our main sponsors! We would not be able to play the sport that we love in the city that we love without their help!



We would also like to thank and recognize our other supporters for assisting us in achieving our goals:

Wilmington Medical Supply Inc.

Village Deli and Grill

Ray Price Harley Davidson-Raleigh

Simple Twist Café

Brett Herrmann from State Farm

Tee Foster

William and Patty Smith

Paralyzed Veterans of America

Harry and Susan Linzer

Jim and Susan Parker

Shea Serrano and his Twitter followers

Dan Hudgins Jr. from Johnson's Jewelers of Raleigh